

Venue Map



Getting to MAX Atria @ Singapore EXPO

MAX Atria is situated in the vibrant eastern part of Singapore, 5 minutes from Changi International Airport and 15 minutes from the Central Business District. With a dedicated Mass Rapid Transit subway station at its doorstep, MAX Atria is surrounded by a wide array of F&B and lifestyle outlets.

1. Driving

Three major expressways link MAX Atria & Singapore EXPO to the rest of Singapore. They are:
Pan-Island Expressway (PIE) – Exit 4A, Simei Avenue
East Coast Parkway (ECP) – Exit 2B, Xilin Avenue
Tampines Expressway (TPE) – Exit 1, Upper Changi Road East

2. Taxi

The nearest taxi stand to MAX Atria is at Foyer 1. The other taxi stand within the Centre is located at Foyer 2 (close to Hall 6). A \$2 surcharge will be imposed for trips originating from the above two taxi stands.

3. MRT/ Subway

The Centre is served by Mass Rapid Transit (MRT) trains at the Expo Station (CG1) on the East-West line, which link commuters to Singapore Changi Airport and downtown.

4. Bus

There are two bus stops along Upper Changi Road East (service nos. 12, 24 and 38), one bus stop along Xilin Avenue (service no. 35) and one bus stop along Changi South Avenue 1 (service no. 20)



10 to 12 September 2015
Max Atria @ Singapore Expo



Integration & Functional Independence

8th Cerebral Palsy Symposium 2015

**Dysphagia Assessment and Treatment for Adults and Children:
Practical Applications and Cutting Edge Updates**

by Dr Julie Cichero, BA, BSpThy (Hons), PhD
Australia

Workshop I

Date: 10 & 11 September 2015

Venue: Max Atria @ Singapore Expo

**This workshop has been
pre-approved for VCF Grant**

Dysphagia Assessment and Treatment for Adults and Children: Practical Applications and Cutting Edge Updates

Workshop Synopsis:

This two day pre-symposium workshop addresses a review on normal swallowing physiology across the lifespan. It also covers the rationale for assessments chosen, and differential diagnosis in decision making for dysphagia. The workshop also highlights evidence based intervention approaches and decision-making on various swallowing manoeuvres and electrical stimulation.

Target Audience:

Speech and Language Pathologists / Therapists

Workshop Outline :

Day 1

Cervical auscultation and assessment
Swallow-respiratory coordination (pediatric and adult)
Clinical assessment of pediatric and adult dysphagia

- Functional assessment

Instrumental assessment of dysphagia

- VFSS
- FEES
- Esophageal manometry

Differential diagnosis of dysphagia

- Stage of swallowing (oral, pharyngeal, esophageal)
- Severity (mild, moderate, severe)
- Function (safe/unsafe; conditions for safe/unsafe – e.g. supervision)

Day 2

Making intervention decisions based on assessment outcomes

- Prioritisation
- Safety
- Efficiency

Transitioning from NG/G/J tubes to oral feeding

- Decisions – complete transition or part oral/part tube feeding
- Inter-disciplinary team
- Oral hygiene
- Medications

Evidence based intervention approaches to dysphagia for adult and pediatric clients

- Functional approaches to chewing training
- Functional approaches to safely managing liquids
- Exercises to improve swallowing function
- When to use swallowing manoeuvres
- Evidence for and against electrical stimulation

Workshop Fees:

Workshop 1: SGD700 (Before VCF Grant)

*Includes 2 tea breaks and buffet lunch on both days.

After VCF Grant

*SGD420 Singaporean / PR

*SGD560 Employment Pass / Work Permit

*VCF Grant is only for eligible staff / volunteers from NCSS member VWOs and MSF-funded VWOs

Venue:

Max Atria @ Singapore EXPO
1 Expo Drive
Singapore 486150

Registration:

Online registration and payment at www.cpas.org.sg

Mode of Payment

1. Credit Cards (Paypal)

2. Cheque Payment

*All cheque payments made payable to 'Cerebral Palsy Alliance Singapore'. Please include name (individual) / organisation name (group), invoice number and contact number.

Cheques should be mailed to:

Finance Department
Cerebral Palsy Alliance Singapore
Cerebral Palsy Centre
65 Pasir Ris Drive 1 Singapore 519529

3. Interbank Transfer

Account Name : Cerebral Palsy Alliance Singapore

Bank Name : DBS Balestier

Bank Code : 7171

Branch Code : 024

Bank Account : 0240034372

Please email to training@cpas.org.sg with the following details

- Transaction reference number
- Time and date of transfer
- Amount transferred
- Your full name and mobile number
- Your organisation name

Registration and Payment Deadline

Registration opens from **28 Feb 2015** to **1 Aug 2015**.

Cancellation and Refund

- Less than 8 weeks before the close of registration - 50% refund only
- Less than 4 weeks before the close of registration - no refund
- No refunds will be given for non-attendance of workshop

All cancellations must be received in writing.

Replacement of participants must be of the same professional background and must be communicated in writing.

CPAS reserves the right to cancel a workshop due to insufficient enrollment. Such decisions will be made 6 weeks before the scheduled start date. Registrants will be notified via email. Every effort will be made to avoid cancellations.

About the Speaker



Dr Julie Cichero

is a dedicated specialist of feeding and swallowing disorders. Over the past 19 years, Julie has worked in public and private settings, including adult acute, rehabilitation and extended care facilities. Over the past five years Julie has also treated babies, infants, and children with medical or behavioural swallowing disorders.

Julie is a senior research fellow and has been a lecturer and researcher affiliated with The University of Queensland (Australia) since 1996. Over the past 12 years Julie has held and been invited to present workshops on dysphagia throughout Australia. She is an invited international speaker in the field of dysphagia (US, Canada, Spain, Singapore, China, Hong Kong). She has been invited to speak at speech pathology, dietetic, medical, nursing and pharmacy conferences. She is a reviewer for a number of international medical, nursing and allied health journals. Julie has served as a consultant on dysphagia for the Australian National Stroke Foundation, Speech Pathology Australia, and the Dietitians Association of Australia. In 2006 in conjunction with Professor Bruce Murdoch (co-editor), she published *Dysphagia: Foundation, Theory and Practice* (Wiley & Sons Inc.). In 2009 she published her first popular press book together with Dietitian and co-author Kate Di Prima "More peas please; Solutions for feeding fussy eaters" (Allen & Unwin).

For more information, please contact:



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